# GUILLIA GUILLIA GUNIMAR

INTERDISCIPLINARY MASTER IN INTERACTIONS STRUCTURAL AND FUNCTIONAL IN REHABILITATION



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# CREDITS

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# WELCOME TO MARILIA, UNIMAR'S LAND!

Maintained since 1956 by the Education Association of Marilia, the University of Marilia (UNIMAR) is a vanguard institution in the Brazilian educational scenario for the services it has provided for decades, in the training of professionals and in serving the community.

From 1970, several courses were created: Physical Education, Pedagogy, Accounting (1973), Social Studies (1974), Social Services, Psychology, among others that formed the Integrated Faculties of Marilia. In 1988, through Ordinance 261 published by the Ministry of Education, the Integrated Faculties of Marilia were promoted to the University of Marilia (UNIMAR).

Located on 1001 Higyno Muzzi Filho Avenue, Mirante, in Marilia, Sao Paulo, the institution offers Undergraduate and Postgraduate courses, both on-site and remote, always aiming at training highly qualified professionals for the job market.

## +360 PROFESSORS AND LECTURERS. +40 REMOTE LEARNING UNITS ACROSS BRAZIL

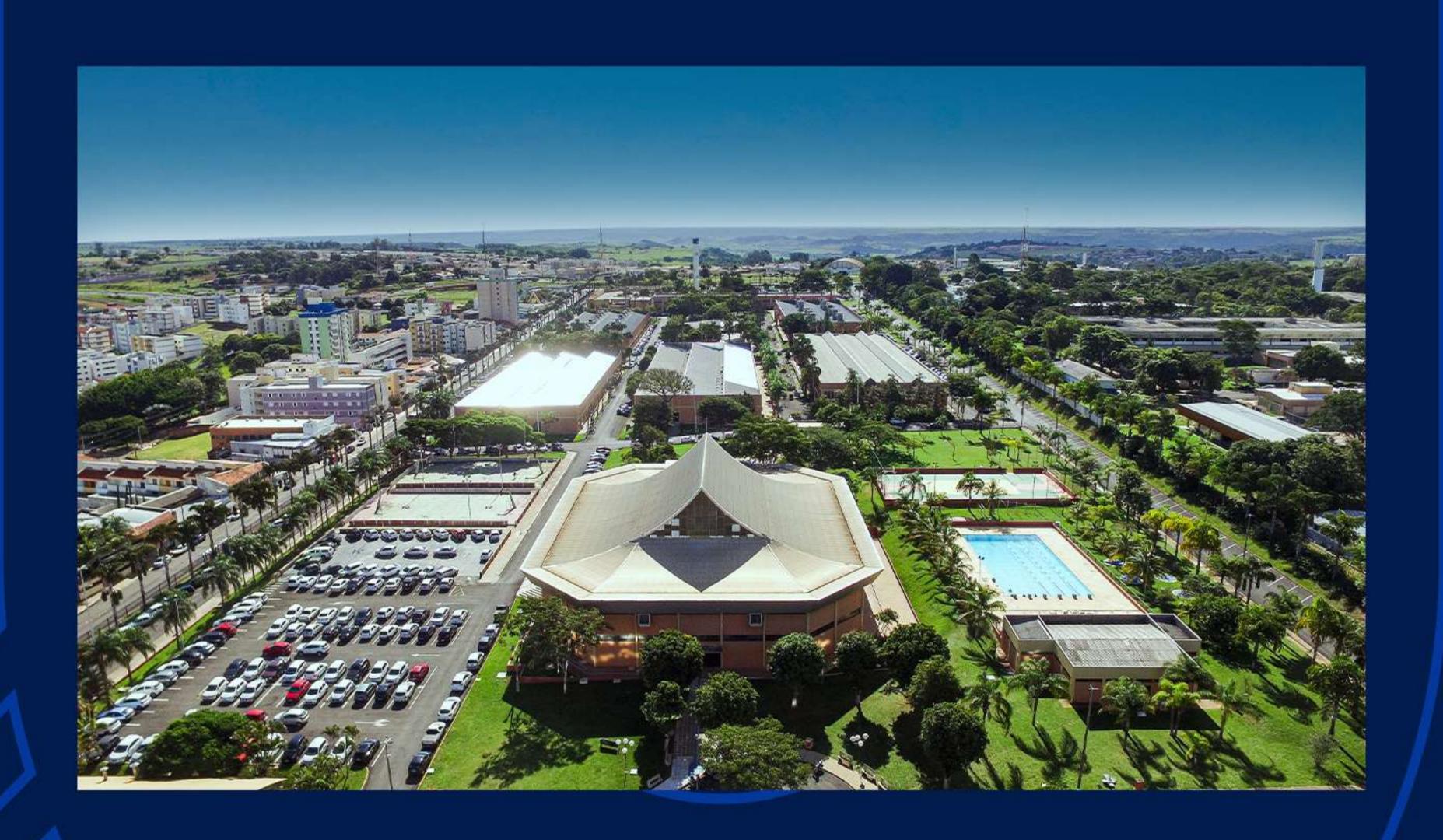




The University of Marilia's mission is to form competent and ethical professionals capable of building their own knowledge, as well as promoting culture and foreign exchange through education and research, in order to develop collective awareness in the continuous search for appreciation and solidarity.

# THE CAMPUS

The institution's campus is made up of sports courts and a gymnasium, canteens with a variety of dishes, an auditorium, a swimming pool, fields, high-tech laboratories and, mainly, important practical learning facilities, such as the Veterinary Hospital, the Jury Hall, the Tax Support Center, the Judicial Conflict Resolution and Citizenship Center, the Research and Extension Center, the Industrial Pharmacy, the Model Architecture Office, the Psychology Clinic, among others, spread over an area of 556 acres.



# HACCOMMODATION

Have you arrived to attend class and intend to stay? Be sure to check out a list especially prepared by our team with 8 accommodation options in Marilia, all well located, with comfort and convenience to better serve you.



#### Dmax Hotel ★★★

Modern and well located, the hotel has free parking, a bar, a gym, Wi-Fi, 24-hour reception, breakfast included and accepts animals. The apartments have cable TV, air conditioning, a safe, a work desk, a private bathroom and cleaning service. Located on 550, Carlos Pavarini Street, Industrial Gardens, Marilia. Dmax Hotel is approximately 7km from the University of Marilia.

Average daily rate: R\$166 to R\$256

- (14) 3401-7777 e (14) 99652-8399
- o hoteldmax
- reservas@dmaxhotel.com.br



#### Ibis \* \*

Located on one of the town's main avenues, the hotel has free parking, a bar, a cafeteria, Wi-Fi, 24-hour reception, and accepts animals. The apartments offer TV, air conditioning, a minibar, a work desk, a private bathroom, and cleaning service. Ibis Hotel is located on 781 Esmeraldas Avenue, Tanagra Gardens, Marilia. It is approximately 6 km from the University of Marilia.

Average daily rate: R\$169 to R\$222



o ibismarilia



#### Estoril Hotel ★ ★ ★

With comfort and convenience, the hotel has a privileged location, located downtown. It has free parking, a gym, laundry service, a restaurant, Wi-Fi, breakfast, complete structure for events, in addition to accepting animals. The apartments offer cable TV, air conditioning, a minibar, a work desk, a private bathroom, and a hairdryer. The Hotel is located on 139 São Luiz Street, Downtown Marilia, approximately 4km from the University of Marilia.

Average daily rate: R\$219 to R\$292

**%** (14) 2105-2700.

© estorilhotelmarilia



#### Hotel Tenda ★ ★ ★

With a combination of location, price and comfort, the hotel has free parking, a gym, sauna, Wi-Fi, 24-hour reception, breakfast, laundry service and wheelchairs for users. The rooms have a TV, a minibar, a safe and a private bathroom. The Hotel is located on 35 Sete de Setembro Street, Downtown Marilia, approximately 3km from the University of Marilia.

Average daily rate: R\$175 to R\$210

(14) 3402-5151 ou (14) 99729-5582.

(o) hoteltendamarilia



#### JR Hotel ★★★

The hotel has free private parking, a gym, a games room, meeting facilities, Wi-Fi, 24-hour reception, a breakfast buffet and room and laundry service. The rooms have a TV, a minibar, air conditioning, a safe and a private bathroom. JR Hotel is located on 716 Sete de Setembro Avenue, Downtown Marilia, approximately 3km from the University of Marilia.

Average daily rate: R\$230 to R\$280

**%** (14) 2105-2800

(i) jrhotelmarilia

□ gerenciamarilia@jrhotel.com.br



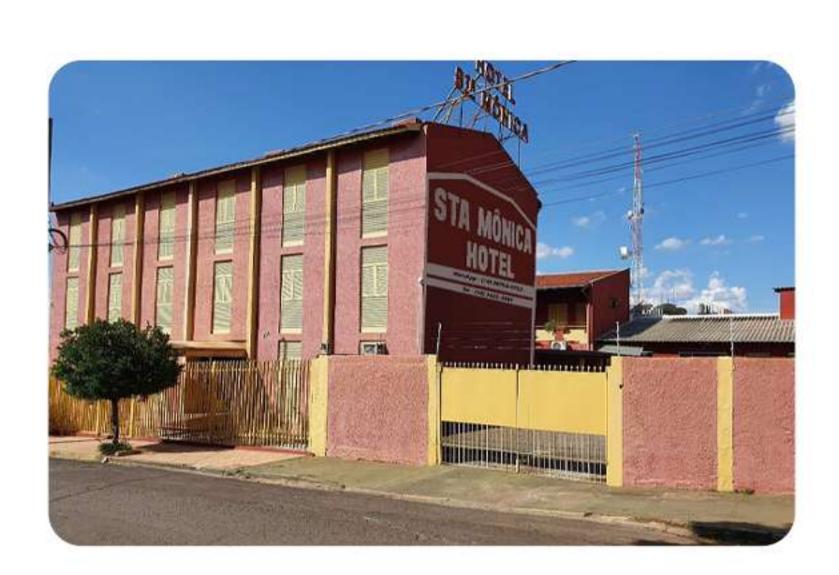
# Quality Hotel & Convention Center Marília ★ ★ ★

The hotel has an excellent infrastructure, with a bar, swimming pools for adults and children, a heated wine cellar, a restaurant, a gym, a soccer and a tennis court, Wi-Fi, kids' space, a playground, laundry, and room service, in addition to accepting animals and having a kennel. The rooms have a TV, a minibar, air conditioning, a safe, a hairdryer, a desk, and a telephone. The Hotel is located on 501 Aimorés Road, Senador Salgado Filho, in Marilia, approximately 2km from the University of Marilia.

Average daily rate: R\$195 to R\$295

**%** (14) 3402-9090.

(c) qualitysunvalleymarilia



#### Santa Mônica ★★★

Well located, the hotel offers a garden, Wi-Fi, free private parking, a continental or a buffet breakfast, and accepts animals. Rooms feature a desk, flat-screen TV, private bathroom, and wardrobe. The Hotel is located on 136 Julio Prestes Avenue, Souza, in Marilia, approximately 2km from the University of Marilia.

#### Average daily rate: R\$147 to R\$214

**(**14) 3422-2661.

o hotel\_sta\_monica



#### Alves ★ ★ ★

Located in the central region of the city, the hotel has free parking, an indoor pool, a gym, a games room, Wi-Fi, and a buffet breakfast. The rooms are equipped with a television, a minibar, a telephone, a private bathroom and air conditioning or a fan. The Hotel is located on 1236 Vinte e Quatro de Novembro Street, Alto Cafezal, in Marilia, approximately 4km from the University of Marilia.

#### Average daily rate: R\$209 to R\$240

**(** (14) 3301-0031.

o alveshoteloficial



After a day of much study and learning, there is nothing better than enjoying the local cuisine. Regardless of your preference, be it a homemade meal, a gourmet dish or the famous pastry from the downtown Market, Marilia has a series of restaurants and snack bars ready to cater for all tastes, including vegetarian and vegan options.

In addition, our list also includes bakeries and coffee shops, as well as options for those who want to get to know a little more of the town's nightlife without having to travel too far.

Finally, during lunch and dinner breaks, be sure to check out the bars and restaurants located around the University, such as Santagulla and Le Jardin; they offer good options for tasty and affordable meals.

# RESTAURANTS



#### Pastelaria Hirata

Located in the downtown Market, on 1458, 9 de Julho Street, Downtown Marilia (approximately 4km from the University), Pastelaria Hirata is one of the most famous and traditional establishments in town, especially because of their classic meat and egg pastry and the cozy atmosphere. Open from Monday to Friday from 9am to 6pm, and on Saturdays from 9am to 12pm, including delivery options, by calling: (14) 3433-3119.

#### Prices may vary

(o) pastelariahirata



## Chaplin & &

With quality dishes and service, Chaplin is a mandatory stop for anyone in town. Located on 129, Republic Avenue, in Marilia (approximately 4km from the University), the bar, restaurant and pizzeria offer space, comfort and convenience, with a wide variety of dishes, including delivery options, by calling: (14) 3413-2411. Open from Tuesday to Friday from 5pm to midnight, and on weekends from 11am to midnight.

#### Prices may vary

(c) chaplin\_marilia



## Donna Oliva Pizzaria &

Located on 160-A, Sampaio Vidal Avenue, in Marilia (approximately 4km from the University), Donna Oliva Pizzaria has extremely pleasant indoor and outdoor environments, quality service and a wide variety of pizzas. When dining at this establishment, be sure to try a delicious dessert and don't be startled by the sound of pizza trays falling to the floor while the waiters sing happy birthday. Open every day from 6pm to midnight, including delivery options, by phone: (14) 3432-4789.

Prices may vary

o donnaolivapizzaria



## Ponto da Pizza &

Located on 733, Rio Branco Avenue, Alto Cafezal, in Marilia (approximately 3km from the University), Ponto da Pizza has ample space and a varied menu at a fair price, containing sharing dishes, various drinks and sweet and savory pizzas, both à la carte or in the all-you-can-eat buffet, including delivery options, by calling: (14) 3416-7055. Open from Tuesday to Sunday, from 7pm to 11pm.

Prices may vary

o pontodapizzamarilia



## Água Doce 👶 🕏

Filled with select cachaças and Brazilian dishes filled with diversity and flavor, Água Doce has the structure of a restaurant, cachaça shop and beer hall in one place. With a warm and welcoming atmosphere, the establishment is located on 155-A, Sampaio Vidal Avenue, Barbosa, in Marilia (approximately 4km from the University). Open Tuesday to Friday from 6pm to 11pm, and on Saturdays from 12pm to 2:30pm and from 6:30pm to 11pm, and on Sundays from 12pm to 2:30pm and from 7pm to 11pm, including delivery options by phone: (14) 3432-4789.

Prices may vary

o aguadocemarilia



#### Porto Pizzaria &

Located on 534 Saudade Avenue, Mirante, in Marilia (approximately 1km from the University), Porto Pizzaria has a wide, cozy, and innovative space: with the presence of sophisticated lighting and plants spread throughout the place, it brings an elegant design and, at the same time, cozy. Its menu has a wide variety of ingredients and flavors, all the highest quality, and the affordable price presents remarkable value for money. Open every day, from 6pm to 12am, it offers local service, take-out, and delivery service, through the phones: (14) 99797-99118 and (14) 3367-3065.

Prices may vary

o porto.pizzaria



## Jerônimo Track Mirante 👶 💺

Located on 571 Saudade Avenue, Mirante, in Marilia (approximately 1km from the University), Jerônimo Track Mirante comes from a chain of restaurants and has a modern and complete infrastructure, in addition to having a diverse menu of snacks and desserts. Open every day from 11:30am to 11pm and has a drive-thru service. For more information, you can contact them by phone: (14) 3161-0399.

Prices may vary

(i) jeronimoburger



## Villa Rio Branco 👶 🗟

Located on 515 Saudade Avenue, Boa Vista, in Marilia (approximately 3km from the University), Villa Rio Branco has a bar and restaurant service in one place. With a cozy atmosphere and a wide variety on its menu, the establishment attracts different guests from all age groups. Open from Monday to Saturday, from 11am to midnight and has a delivery service: (14) 3316-3400.

Prices may vary

villa.riobranco



#### Sushimaki Temaki & Roll's 🗟

Anyone who appreciates oriental cuisine, and a relaxed atmosphere cannot miss Sushimaki Temaki & Rolls. Located on 351 Esmeraldas Avenue, Tanagara Gardens, in Marilia (approximately 5 km from the University), the restaurant has a wide variety of tasty sushi and temakis at a good price. Open from Monday to Saturday, from 6 pm to midnight and has a delivery service: (14) 3453-2210.

Prices may vary

© sushimaki\_marilia



#### Le Marché &

Le Marché is a bistro and gourmet emporium located on 190 Alvares Cabral Street, Downtown Marilia (approximately 3km from the University). The establishment has a menu of pastas, meats, and seafood, in addition to offering wines, drinks and desserts, all in an elegant, sophisticated, and peaceful space. Open from Tuesday to Saturday from 11:30am to 2:30pm and from 7:30pm to 11pm, and on Sundays from 12pm to 2:30pm. For reservations and delivery service: (14) 3113-5213.

Prices may vary

O le\_marche\_bistro



#### **Bella Cucina**

Bella Cucina is a cozy restaurant, with an elegant colonial design and a family atmosphere, which focuses on Italian cuisine. Its menu contains a wide variety of pastas, risottos, meats and wines and the establishment is located on 219 Santo Antonio Avenue, Boa Vista (approximately 3 km from the University). Open from Tuesday to Friday from 7pm to 11pm and Saturdays from 11:30am to 3pm and from 7pm to 11pm, and on Sundays from 11:30am to 3pm. For reservations and delivery service: (14) 3413-7222.

Prices may vary





#### Pomar Cascata &

Located on 2750 Cascata Avenue, Maria Isabel Gardens (approximately 5 km from the University), Pomar Cascata is the first gastrobar in town. It has beach tennis and volleyball courts for rent, a playground, and a beautiful outdoor garden. The atmosphere is welcoming, charming and ideal for the whole family, with unique and quality cuisine, as well as a wide variety of drinks. Open from Tuesday to Saturday from 12pm to 3pm and from 6pm to midnight, and on Sundays from 12pm to 7pm. For reservations or delivery, contact them through social networks.

Prices may vary

o pomarcascata



## Casa Toscana & &

Casa Toscana is a true Osteria, with a menu full of Italian dishes, wines, and desserts, aimed at catering to all tastes and flavors. Located on 263 Alvares Cabral Street, Downtown Marilia (approximately 4km from the University), it also has a cozy atmosphere and quality service. Open from Tuesday to Saturday from 7 pm to 11 pm and on Sundays from 12 pm to 3 pm. For reservations and delivery service: (14) 3413-5850.

Prices may vary

o casatoscana

# DINING OPTIONS ON THE CAMPUS



## Santagulla 👶 🕏 🙎

Located at 132 Manoel Santos Chieira Street, Araxa Gardens, in Marilia (less than 1km from the University), Santagulla is a restaurant aimed at students, with a wide variety of delicious dishes and snacks, in addition to being affordable. The atmosphere is simple and cozy, perfect for meeting friends and having meals during class breaks. The establishment is open from Monday to Friday from 8am to 11pm, offering take away meals.

Prices may vary



## Le Jardin 🙃 🕁 👱

Located on 430 Gabriel Santos de Almeida Street, Araxa Gardens, in Marilia (less than 1km from the University), Le Jardin is a restaurant with typical Brazilian food, with options of ready-to-eat dishes, meals by the kilo or at will, in addition to catering services. The colonial look and wide variety of flavors are the most attractive points of the place, which make it elegant, cozy and, at the same time, accessible. A real must stop during your stay in the city. The establishment opens from Monday to Saturday from 10:00 to 18:00, with the option of delivery by phone (14) 3413-9412.

Prices may vary



#### Jodana Cafeteria 🗘 🕏

Jodana Cafeteria is located on 1001 Higyno Muzzi Filho Avenue, Block 2 (Canteen), in Marilia (inside the University), and is a great option for those who want to have quick and practical meals, without even having to leave the University. Its menu has a wide variety of dishes, snacks, and drinks at fair prices. The establishment opens from Monday to Friday from 7am to 10pm. For more information call: (14) 2105-4008.

Prices may vary

jodana\_cafeteria



### Café Delícias do Sítio 🗘 🕏

Café Delícias do Sítio is an establishment dedicated to natural, healthy, and delicious meals, with a wide variety of light and fresh food and drinks. It is located on 1001 Higyno Muzzi Filho Avenue, Block 8 (Canteen), in Marilia (inside the University). The establishment opens from Monday to Friday from 8am to 10pm. As it is located inside the University, it is an excellent option for those who want to have a quick and healthy meal, without having to travel. For more information call: (14) 99903-1000.

Prices may vary

© cafedeliciasdositio



# Alice Salgados 👶 🕏 💆

Located on 416 Manoel Santos Chieira Street, Araxa Gardens, in Marilia (less than 1km from the University). Alice Salgados restaurant is a different option for those who want to escape traditional and everyday dishes. The establishment sells pastries and churros at a great price. Open from Monday to Saturday from 10am to 10pm. For more information and deliveries call: (14) 99903-1000.

Prices may vary



# BAKERIES & CAFÉS



## Orly Bagueteria 👶 🕏

Located on 88 Paes Leme Street, Downtown Marilia (approximately 4km from the University). Orly Bagueteria is an excellent option for those who want to have a coffee or hot chocolate accompanied by a wide variety of breads, snacks, sweets, cakes, and pies. In addition, the bakery also has options for brunch, lunch, and dinner, in a peaceful and pleasant environment. Open from Monday to Saturday from 7am to 9pm and on Sundays from 7 to 12:30 and from 3:30pm to 9pm. For more information and deliveries call: (14) 3413-8488.

#### Prices may vary

o orlybagueteria



# Sabores da Europa 👶 🕏

Padaria Sabores da Europa has a unique, modern, and cozy atmosphere and is located on 2471 Esmeraldas Avenue, Tangara Gardens, in Marilia (approximately 7km from the University). Its menu has a wide variety of first-class breads and sweets, as well as a colonial breakfast and ready-made dishes. Open every day from 6am to 10 pm. For more information and deliveries call: (14) 3433-1015.

#### Prices may vary

(c) saboresdaeuropa



#### Café do Feirante 👶 🕏

Located on 158 Doutor Reinlado Machado Street, Fragata, in Marilia (approximately 5km from the University). Café do Feirante has ample space and a varied menu, with different types of snacks, breads, and desserts, as well as hot and cold drinks. Open from Monday to Friday from 7am to 6pm and on Saturdays from 7am to 11pm. For more information and deliveries call: (14) 34325161.

#### Prices may vary

© cafedofeirantehc



### Café do Lado & &

Café do Lado is an inviting spot and has a privileged location, on one of the most popular avenues in the city, that is, it is located on 11 Esmeraldas Avenue, Tangara Gardens, in Marilia (approximately 5km from the University). The restaurant has a beautiful and cozy atmosphere, in addition to its menu with specialty coffees, artisanal snacks, cocktails and individual dishes. For more information and deliveries call: (14) 3414-1779. Open Monday and Tuesday from 6:30pm to 11pm, Wednesday and Thursday from 11am to 2pm and from 6:30pm to 11pm, and Friday from 11am to 2pm and from 6:30pm to midnight, and on Saturdays from 11am to midnight and Sundays from 11am to 11pm.

#### Prices may vary

(o) cafedolado



#### Café do Barista & &

Café do Barista is an excellent option for an afternoon coffee. Well located, with unique service and an extremely cozy atmosphere, the café has several types of coffee and preparation methods, in addition to side dishes and high-quality breads, sweets and snacks. Located on 251 Cascata Avenue, Maria Izabel Gardens, in Marilia (approximately 5km from the University). For more information and deliveries call: (14) 99620-2570. Open from Tuesday to Saturday from 6 pm to 11 pm, and on Sundays from 6 pm to 10:30 pm.

Prices may vary

o cafe\_do\_barista



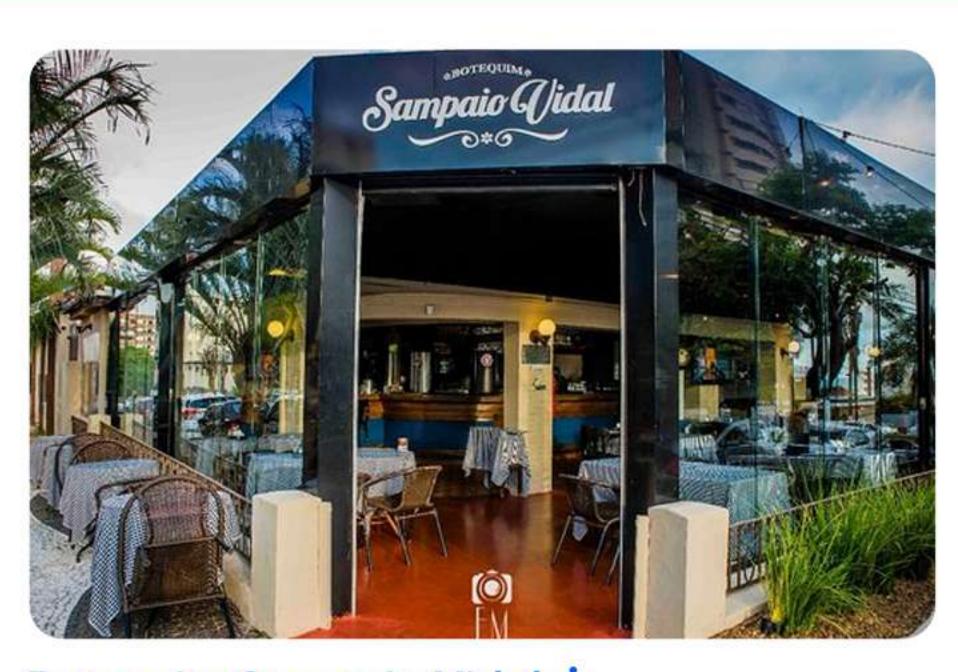


#### Bar Santa Madalena 👶 🕏

The Bar Santa Madalena brings a bit of Vila Madalena to the state of Sao Paulo. The establishment is located on 127 Esmeraldas Avenue, Tangara Gardens, in Marilia (approximately 5km from the University) and has a beautiful and innovative environment, many options for dishes, beers and drinks, as well as live music. Open Monday to Thursday from 6 pm to midnight, and Friday and Saturday from 5 pm to 1:30 am. For more information and deliveries call: (14) 3434-0316.

Prices may vary

o barsantamadalena



#### Botequim Sampaio Vidal &

Located on 7-A, Sampaio Vidal Avenue, Downtown Marilia (approximately 5km from the University), Botequim Sampaio Vidal is a bar and restaurant, with indoor and outdoor areas and a pleasant atmosphere, inspired by a cozy English pub. One of the trendiest establishments in town, it can make all ages happy, especially because of the tasty food and beverages. When passing by, be sure to order a drink and be amused by the messages on the drinks. Open Monday to Friday from 5 pm to midnight, Saturdays from 11 am to 2 am, and Sundays from 2 pm to midnight. For more information and deliveries call: (14) 3414-1479.

Prices may vary

o botequimsampaiovidal



#### O Buteco & &

The establishment has stood out in the city for many years, especially due to the wide variety of snacks and food. The menu also includes extremely cold beers, drinks, and non-alcoholic beverages. Buteco is located on 303 Republic Avenue, Palmital Gardens, in Marilia (approximately 5km from the University) and, a few years ago, it opened a new establishment located on 609 Esmeraldas Avenue, Tangara Gardens, in Marilia (approximately 5km from the University), the city's hot spot. Both spaces are open from Tuesday to Thursday, from 5pm to midnight; on Fridays, from 5pm to 1am and on Saturdays, from 11am to 1am. For more information, contact them via telephone: (14) 3301-5664 or (14) 3301-4000.

Prices may vary





#### Doctor Beer & 法

For those looking for an elegant and relaxed bar, with a wide variety of domestic and imported beers, Doctor Beer is the perfect place for you. The establishment also has an automated draft beer stand, all it takes is registering and purchasing a card so that consumers can enjoy a variety of draft beers within the limit of credits pre-established by themselves. Doctor Beer is located on 1331 Rio Branco Avenue, Alto Cafezal, in Marilia (approximately 3km from the University) and opens from Wednesday to Saturday, from 6pm to 1am. For more information, contact them by phone: (14) 99129-1414.

Prices may vary

o doctorbeerstore



#### Container Caffé e Cia 🖧 🗟

The establishment is highly praised for its quality meals, pleasant atmosphere, and live music. Located on 452 Republic Avenue, in Marilia (approximately 4km from the University), it also has an innovative and elegant design, attracting people of the most diverse age groups, tastes and styles. Open from Wednesday to Sunday from 5pm. For more information, contact them via phone: (14) 99819-5545.

Prices may vary

o containermariliabar



After the routine of classes and studies, nothing better than a pleasant walk around town to clear your mind and rest, especially for those who have the possibility and wish to stay in town for a few more days, enjoying the best that Marilia has to offer.

The county has several options for tours for all tastes and styles, whether it's a walk in the open air or a stroll around the mall, reading in the town's library or contemplating a play in the theater, regardless of your taste or intention, Marilia will certainly be able to serve you.

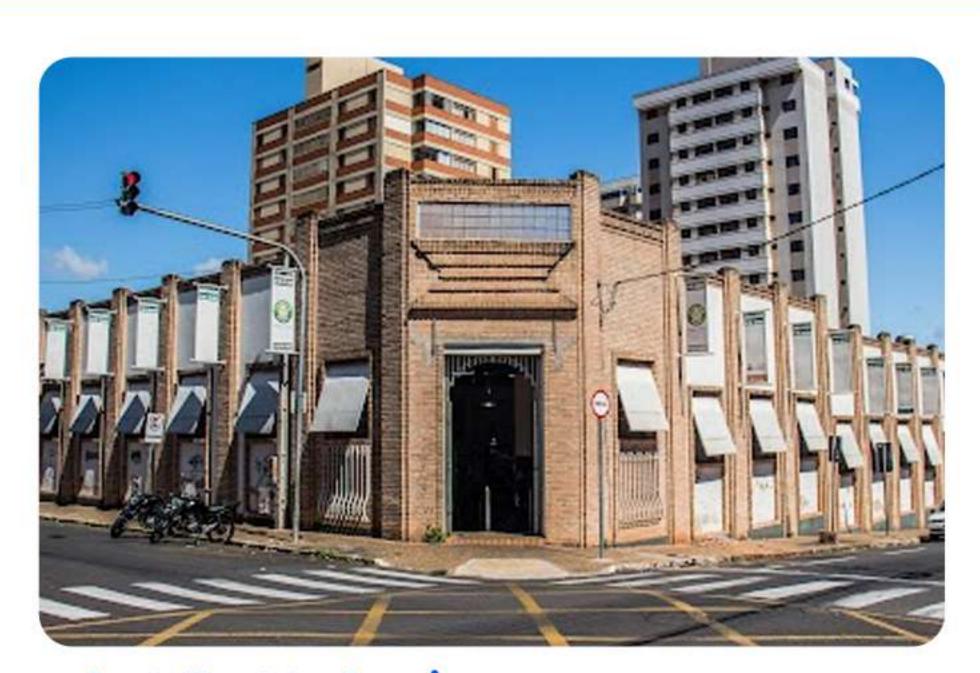
In view of this, our team has prepared a list of some of the most famous places in town that cannot go unnoticed by those visiting. In addition to the items listed below, Marilia also has day and night markets, sports gyms, beach tennis and many other options.



#### Unimar's Farm Park &

Unimar's Farm Park is a great outdoor leisure option. Located on 1001 Higyno Muzzi Filho Avenue, Mirante, at Unimar's Test Farm (known as Fazenda Experimental da Unimar), in Marilia (approximately 2km from the main blocks of the University), it has a green space, very well maintained and decorated, with ecological toys and lawn for picnics, in addition to being full of animals, such as turkeys, ducks, geese, sheep, pigs, ostriches and much more, as it is a small zoo. The location is excellent for those who want to spend some relaxing time close to nature, without having to go too far. Open Mondays to Fridays from 8am to 6pm and Saturdays from 8am to 5:30pm.

Free entry.



#### 9 de Julho Market &

The Municipal Market of Marilia is a mandatory stop for anyone. Inaugurated in 1928, the space has a rustic design and a spacious environment, containing a wide variety of stores, such as flower shops, pet shops, oriental products, paintings, seeds, as well as a restaurant.

Open from Monday to Friday, from 8am to 6pm; on Saturdays, from 8am to 4pm and also; On Sundays, from 8am to 12pm, 9 de Julho Market is located on 1458, 9 de Julho, at the corner of XV de Novembro Street, downtown Marilia (approximately 4km from the University).

Free entry.



#### Waldir Silveira Mello Theater

Beautiful, cozy, spacious and recently renovated theater, with a variety of plays, musical shows, dance festivals and social events. The Waldir Silveira Mello Municipal Theater is located on 51 Rio Branco Avenue, downtown Marilia (approximately 4km from the University). For more information, contact them by phone: (14) 3453-2553. Tickets and opening hours depend on the program and the producer of the event. Consult the agenda through social networks or by calling the theater.

@teatromunicipalmarilia



#### Malls &

For those who prefer a walk in a shopping center, certainly the local malls are great suggestions. With a wide variety of department stores and specialized products, a large food court with casual restaurants, a cinema and an easy location, Marilia Mall, Esmeralda Mall and Atenas Mall attract people of the whole region.

Marilia Mall is located on 500, Tucunares Road, Aquarius Gardens, in Marilia (approximately 7km from the University) and is open from Monday to Saturday, from 10am to 10pm and on Sundays, from 1pm to 7pm. For more information, contact them by phone: (14) 3402-9500.

Free entry and free parking.

©@mariliashopping

Esmeralda Shopping is located on 701, Esmeraldas Avenue, Tangara Gardens, in Marilia (approximately 6km from the University) and is open from Monday to Saturday, from 10am to 10pm and on Sundays, from 12pm to 6pm. For more information, contact them by phone: (14) 3453-5074.

Free entry and paid parking.

@emeraldshopping

Atenas Mall is located on 1001, 9 de Julho Street, downtown Marilia (approximately 4km from the University) and is open from Monday to Friday, from 9am to 6pm and on Saturdays, from 9am to 5pm. For more information, contact them by phone: (14) 3454-1000.

Free entry and paid parking.

@shoppingatenasmarilia



#### Esmeralda & Marilia Cinemas

Who doesn't love watching a good movie? Marilia has two cinemas, each located in a shopping center. If you prioritize better prices, it's worth going to Cine Esmeralda, located in Esmeralda Mall. If, on the other hand, your goal is to be comfortable while watching a good movie, Cinépolis at Marilia Mall is a good choice. Tickets and opening hours depend on each establishment. Consult the schedule through the website, social networks or in person at the cinema box office.



#### João Mesquita Valença Library

The João Mesquita Valença Municipal Library recently moved to a new space, much more spacious and modern. It has permanent programs and 24,362 copies of books. Located on 1295 São Luiz High Street, downtown Marilia (approximately 4km from the University) and has a digital collection, simply registering through the website: https://biblioteca.marilia.sp.gov.br/Biblivre5/. Open from Monday to Friday, from 8:30am to 5:30pm. For more information, contact them: (14) 3454-7434.

Free entry.



o @bmmviva

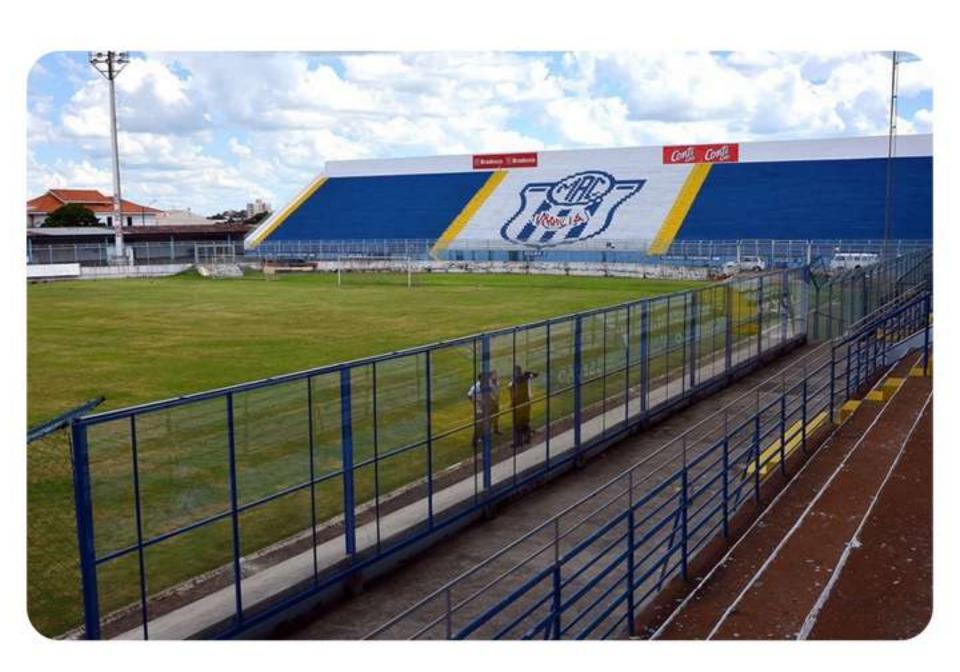


#### Rangel Pietraroia Park

The Rangel Pietraroia Municipal Park is a green space of about 20,000 m². Located on 1001 Brigadeiro Eduardo Gomes Avenue, Residencial Vale Verde, in Marilia (approximately 6km from the University), it has several animals and birds, trees of the most varied species, in addition to a playground, pedal boats, snack bars, space for walking and planting white trees. It occasionally holds fairs and free cultural events, as well as yoga and meditation workshops, among other activities. It is an excellent environment for those who want to get away from the urban hustle, without having to go far to do so.

Open every day from 6am to 6pm.

Free entry.



#### Bento de Abreu Sampaio Vidal Stadium (Abreuzão)

The Bento de Abreu Sampaio Vidal Municipal Stadium is the town's football stadium and home of Marília Atlético Clube (MAC), popularly known as Abreuzão. It was inaugurated on April 4th, 1967 and, since then, has hosted numerous games and graduations for preschools, with a capacity for 19,800 people. Located on 100, Vicente Ferreira Avenue, Cascata, in Marilia (approximately 5km from the University). For more information, contact them by phone: (14) 3221-7613. Tickets and opening hours depend on the club's game schedule.



#### **Museum of Paleontology**

The Museum of Paleontology of Marilia is a science museum opened on November 25th, 2004 and dedicated exclusively to paleontology. This is because Marilia is a reference in this branch, due to the large number of dinosaur and crocodile fossils found in the region; most of the exhibits were excavated by the renowned paleontologist, Willian Nava. If you go there, be sure to check out the fossils of mariliasuchus, a prehistoric land crocodile that was once very present in the region; its name is a tribute to the town. Located on 245, Sampaio Vidal Avenue, downtown Marilia, the Museum of Paleontology is approximately 4km from the University. Open from Monday to Friday, from 11:30am to 5:30pm.

Free entry.



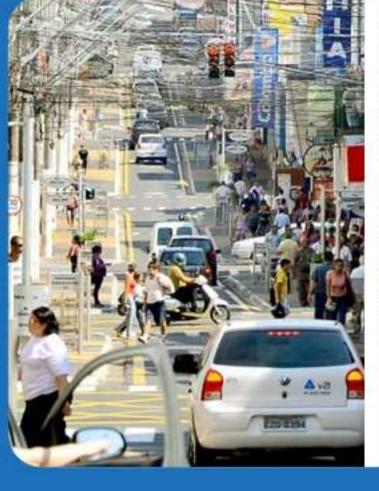
© @museudinomarilia



#### Maria Izabel Square 💺

Praça Maria Izabel or Praça da Matriz is downtown, close to several shops, the main avenues, and the urban bus terminal. Recently refurbished and reopened, the square has a playground, an outdoor gym, benches spread throughout the space, in addition to a beautiful design with an bright water fountain, pergola and gardening with assorted flowers. Sometimes it hosts free artistic and cultural events, with food trucks, varied presentations, and lots of fun. Located on Nelson Spielmann Avenue, at the corner of 9 de Julho Street, Palmital, Marilia (approximately 4km from the University).

Free entry.





#### São Luiz High Street and Esmeraldas Walking Trail &

For those who prefer an open-air walk, São Luiz High Street and Esmeraldas Avenue are good options. The two commercial complexes have an extensive promenade and a walking path, as well as stores with products for all tastes and that fit all budgets.



If you need to move around town, whether for a walk or to attend classes, you can rely on various transport services. Marilia has taxis, motorcycle taxis, two public transport companies, as well as driver options through apps such as 99, Uber, BlaBlar Car and Waze Carpool. In view of this, our team separated the contact of some taxis and motorcycle taxis that are well known in the city for their services.



#### Fernando's Taxi Service

Armando Sales de Oliveira Road, at the corner of Sampaio Vidal Avenue, downtown Marilia (approximately 4km from the University). Open 24 hours. For more information, contact them by phone: (14) 99777-1008.

#### **Central Taxi Marilia**

379, Araraquara Road, Alto Cafezal, in Marilia (approximately 4km from the University). Opening hours: Monday to Saturday, from 6am to 10pm; on Sundays, from 7am to 10pm. For more information, contact them via phone: (14) 99657-3939.

#### **Taxi WS Transports**

São Luiz High Street, downtown Marilia (approximately 3km from the University). Open 24 hours. For more information, contact them via phone: (14) 99864-4815.

#### Taxi 24 hours Bus Terminal

1001, Carlos Artêncio Avenue, Fragata, in Marilia (approximately 7km from the University). Open 24 hours. For more information, contact them by phone: (14) 3433-3354.

#### Taxi Marilia 24 hours

93, Luís Neto Road, Esplanada Gardens, in Marilia (approximately 7km from the University). Open 24 hours. For more information, contact them by phone: (14) 3221-0204.



#### Moto taxi 15 November

726, XV de Novembro Street, Alto Cafezal, in Marilia (approximately 4km from the University). Opening hours: Monday to Saturday, from 8am to 10pm; on Sundays, from 8am to 6pm. For more information, contact them by phone: (14) 3316-7349.

#### Moto taxi Rapidao

428, Doutor Durval de Menezes Road, Núcleo Habitacional Nova Marilia (approximately 7km from the University). Opening hours: Monday to Saturday, from 6am to 10pm; on Sundays, from 6am to 8pm. For more information, contact them by phone: (14) 3451-3000.

#### Moto taxi Flash

571, Carlos Gomes Avenue, downtown Marilia (approximately 4km from the University). Open 24 hours. For more information, contact them by phone: (14) 3413-5601.

#### Coimbra Moto taxi

148, Onório Machado Road, Chácara Eliana, in Marilia (approximately 2km from the University). Open 24 hours. For more information, contact them by phone: (14) 3413-2593.

#### Moto taxi Senna

1800, João Ramalho Avenue, Room 01, São Jorge Park, in Marilia (approximately 6km from the University). Opening hours: Monday to Thursday, from 6am to 7pm; on Fridays and Saturdays, from 6am to 8pm and on Sundays, from 8am to 6pm. For more information, contact them by phone: (14) 3417-7070.

# MEDICAL AND HOSPITAL CARE

Finally, we hope that everything goes well during your stay in our city of Marilia. However, we have selected some well-known hospitals close to the University in case an emergency occurs while you are here.

Also, don't forget to always carry some of the emergency phones with you; they are indispensable, especially during a trip.

Human Rights: 100

Women's Service Center: 180

Reports: 181

Life Appreciation Center: 188

Military Police: 190

Highway Police: 191

Mobile Answering Service

Emergency: 192 Firefighters: 193 Civil Police: 197



Located on 80, Doutor Próspero Cecílio Coimbra Road, São Gabriel Gardens, in Marilia (less than 1km from the University), Unimar's Beneficent Hospital has specialized personnel and emergency care, maternity, physiotherapy, hospitalization services, surgeries, among others, through private health plans and by agreements.

Open 24 hours.

For more information, get in touch by phone: (14) 2105-4500.

# SANTA CASA HOSPITAL

Located on 828, Vicente Ferreira Avenue, Cascata, in Marilia (approximately 5km from the University), Hospital Santa Casa de Misericórdia de Marília has qualified professionals and offers services in hospitalization, emergency care, treatment of burns, oncology, imaging exams, among others, through private health plans and by agreements.

#### Open 24 hours.

For more information, contact us by phone: (14) 3402-5555.

# 圃 CLINICAL HOSPITAL

Located on 255 Doutor Reinaldo Machado Road, Fragata, in Marilia (approximately 5km from the University), Hospital das Clínicas da Faculdade de Medicina de Marília is a public hospital, with specialized professionals and made up of 5 Production Units, namely the Department of High Complexity Health Care, the Department of Maternal and Child Health Care, the Department of Specialized Outpatient Health Care and Day Hospital, the Supporting, Diagnosis and Therapeutic Health Care Department, in addition to the Department of Health Care in Hemotherapy.

#### Open 24 hours.

For more information, get in touch by phone: (14) 3434-2525.



Located on João Caliman Road, Nações Park, in Marilia (approximately 12km from the University), the 24-Hour Emergency Care Unit is a health facility of intermediate complexity, with free and professional services highly qualified and dedicated, ready to better serve patients.

#### Open 24 hours.

For more information, contact them by phone: (14) 3316-2237.

# **O** MORE INFORMATION

For more information, contact the PPGD Unimar Communication and Relationship Commission through the e-mail: comunicacao.pos@unimar.br



**(14)** 99849-2952

**9**(14) 99113-0802 **(**14) 2105-4000

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